## Outreach and Education

Southern Regional Behavioral Health Policy Board
September 2023

#### Outreach Initiatives

- 1. Bringing the role of the public voices to the work of the board.
- 2. Increase access to and awareness of the policy board.
- 3. Email, in person, virtual, community events and meetings.
- 4. Flyers, public service announcements, or newsletters.
- 5. Soliciting letters from and communicating with community members.
- 6. Role of media and social media exposure to reach the public.

#### Education and Feedback

- 1. Value of the legislative aspect and education about the board/legislative process.
- 2. Leverage process through letters, position statements, local and regional requests.
- 3. Campaign highlighting value of public comment and removing barriers to input.
- 4. Value-added benefit of public involvement and giving input.
- 5. Educate people about policy issues and how to navigate process and forum.
- 6. Community input with public and stakeholder feedback about outcomes, solutions, and concrete evidence about board work.
- 7. Ask how we are doing with the public?

# Coordinator Update

Southern Region Behavioral Health Policy Board Meeting
September 21, 2023

### Southern BH Resource Guide (2023-2024)

- Behavioral Health Initiative Acronyms and Definitions
- Community Collaborative/FASTT
- Specialty and Other Courts in the Region
- Work/Task Groups and Policy Board
- National Resources and Crisis Call and Support Lines
- Statewide and Regional Resources
- Hospitals, Inpatient/Residential, Outpatient, and Clinics

#### Local (County) and Additional Resources

- Government, Judicial, and Legal Resources and Services
- Schools and Education
- Coalitions and Behavioral Health Providers
- Health and Social Services
- Advocacy, Senior, and Other Support Services.
- Additional Resources/Appendix

**Source:** <a href="https://nvbh.org/southern-behavioral-health-region/">https://nvbh.org/southern-behavioral-health-region/</a>

#### Behavioral Health Needs – Gaps and Barriers

- Scarcity of behavioral health clinical services and providers in the region and the state
- Scarcity of community health workers, peer specialists, and support staff
- Difficulty recruiting, retaining, sustaining workforce in rural areas
- Lack of supportive housing/residential services/treatment
- Long waits for evaluations and intensive residential care access

## <u>Transportation/Transport</u>

- Residents travel long distances for work or more specialized care, if they have the resources/vehicle/support.
- Taking off for work and school, if possible, creates issues.
- Agency (law enforcement/EMS) transport residents to access general medical care, specialized services, and mental health crisis or residential/inpatient treatment.
- Traveling long distances (out-of-county) requires them to be out-of-service or unavailable, understaffed, paid overtime.
- Two of four counties and some smaller communities and tribes have no hospital, emergency, and/or shopping/groceries nearby (50 plus miles).

### Youth and Family Opportunities

- Local supports for guardianship process, adult and child protection as well as foster care.
- Increased parental engagement and family support.
- Increased need for prevention programs, youth development, and school-based programs including licensed childcare and centers.
- Increased utilization, transportation, and access.

## <u>Additional Opportunities</u>

- Increased funding, grants, staffing, support, and sustainability
- Scarcity of dental and primary care and mobile clinics and hospitals
- Support for seniors and those with disabilities including community and home health
- Support for tribal communities and veterans
- Community-and-home based services for all ages
- Homelessness and affordable housing
- Increased education and training around stigma, harm reduction, crisis intervention (CIT), emergency services, and other areas

#### Priority Recommendations and Strategies

- <u>Networking and building relationships with NRHP, board, hospitals, and local/regional/state/tribal stakeholders.</u>
- More data and resource review and collection to support reporting.
- Ongoing review of strengths, needs, opportunities, barriers, and gaps.
- Strategies, priorities, and recommendations on <u>neighborhood-based</u> <u>empowerment models</u> using action planning and collaborative systems.
- Work to support coalitions, behavioral health task and other groups.
- Increased focus on <u>training and support</u> for the behavioral health coordination and workforce in the southern region.
- Support and advocacy for increased <u>funding</u>, <u>resources</u>, <u>staffing</u>, <u>and</u> <u>technical assistance</u> for the southern region.
- Serve as a <u>liaison</u> between the community, board, and state.

#### **Questions and Contact Information**

Questions or Comments?

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